

Beauty

Tales from the trailer

What makes the beautiful actresses more beautiful, by Laura Patten



THANDIE NEWTON

Skincare routine: I'm a really big Eve Lom fan. I use her Cleansing Cream and Day Cream daily, her TLC Cream at night and her Rescue Mask once a week.

Make-up: Ruby & Millie Concealer, Make Up Forever Face Liquid, Chanel Poudre Caresse, Origins Pinch Your Cheeks cream blusher and Nars Body Glow.

Hair: cut by Kerry Warn, one of the creative directors at John Frieda International (tel: 020 7491 0840).

Favourite treatment: I love having acupuncture done by Robert Ogilvie in Primrose Hill, who is amazing and seems to cure all my ailments.

Supplements: a selection of Solgar multivitamins. **Beauty secret:** my very special make-up artist Robert McCann (tel: 020 7870 0932).

DESERT-ISLAND COSMETIC Elizabeth Arden Eight Hour Cream.



ELAINE CASSIDY

Skincare: I don't really have a specific routine apart from splashing my face with lots of water, which really wakes me up and plumps up my skin. I do, however, love cleansing my face with Triple Rose Water.

Make-up: Vaseline, Origins Fringe Benefits Mascara and No. 7 Press Powder in Translucent. Miss Selfridge do fab tinted lip-glosses.

Hair: my sister Gillian always cuts my hair.

Favourite treatment: I don't go to anyone in particular but a really good back massage does wonders for my relaxation and is always a real treat.

Supplements: I take multivitamins religiously every day.

Beauty secrets: being happy and having loads of fun.

DESERT-ISLAND COSMETIC Ben & Jerry's ice-cream.