

ROBERT OGILVIE
AT PUREGRAY
HEALTH CLUB AND SPA



PUREGRAY.

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ACUPUNCTURE GURU ROBERT OGILVIE LANDS AT PUREGRAY HEALTH CLUB AND SPA

*'OUR EMOTIONAL WELLBEING IS AT THE
ROOT OF MOST MODERN ILLNESS'*

It has been 22 years that he passionately treats the mind and the body using a 5000-year-old practice. Robert Ogilvie is now at PureGray Health Club and Spa to complete our authentic holistic approach to wellbeing which combines the best Eastern and European therapies.

Robert Ogilvie looks into the root causes of any illness and is passionate about treating women who have difficulty conceiving. He will be offering treatments in Lebanon, exclusively at PureGray, visiting monthly for 3 to 5 days.

To know more or to take your appointments, please contact +961 1962885 or e-mail us on puregray@legray.com.

What can Acupuncture do?

Acupuncture with a Traditional Chinese Medicine diagnosis in skilful hands has the potential to profoundly affect an individual.

Not only the physical body, the systems and functions, but the mind and sense of wellbeing too. The accurate insertion of ultra fine needles into the skin is performed, alongside a critical evaluation of all aspects of an individual's lifestyle, some changes may be suggested.

The results can be rapid or take more time depending on the nature of the presenting condition and the constitution of the individual.

Acupuncture can fill in many of the shortcomings found with 'Modern Medical' techniques, while working very well alongside it where appropriate.

Here is an opportunity to experience it first hand with a modern master of the art.

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