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Tatler's 150 best
private doctors

Inside: the definitive report
you can't afford to miss



Gorgeous Eva Herzigova



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Tatler's 150 best private doctors

Britain is proud to have some of the world's best doctors, but knowing who to go to and how to contact them can be a challenge. Whether your child has asthma or you've had a skiing accident, you want to know you're getting not only the best care but also a doctor who's up on the latest research, technology and medication. To compile *Tatler's* 150 best private doctors list, we

surveyed hundreds of doctors, asked the experts who they'd send a member of their own family to see and spent plenty of time in Harley Street waiting rooms ourselves.

We wanted the guide to be easy to use, so we've divided it into 25 specialities, from adenoids to ventricles, with each doctor's contact phone number and address. Tear it out and laminate it: this could be the most useful article you've ever clipped.



Acupuncture

Silvio Andrade

Cured of terrible back pain by acupuncture, Andrade studies with leading American acupuncturists twice a year. He has two fertility clinics (in Southfields and Primrose Hill), where he has an excellent success rate with clients undergoing IVF treatment. **✉ The Vitality Centre, Alexander House, 155 Merton Road, SW18** **☎ 020 8871 4677**

Dr Nguyen Bich

As a qualified physician, Nguyen Bich is a rare bird among acupuncturists. He trained as a doctor in his native Vietnam but chose not to practise in this country when he found he could do quite nicely with acupuncture alone. For authentic Far Eastern needles, look no further. **✉ 211 Bickenhall Mansions, Bickenhall Street, W1** **☎ 020 7935 7229**

Philip Hochhauser

Known for his work in rejuvenation and fertility, Hochhauser has been practising acupuncture and

Chinese medicine for 20 years. His rejuvenation clients have included Kate Moss, Sadie Frost and Jude Law.

✉ Tune In Mews, NW1
☎ 020 758

Alex Maas

Maas is renowned for his facial rejuvenation treatments – people fly over Europe. He uses hair on points to connect the connections. **✉ The Maa Grafton Ter** **☎ 020 769**

Robert O

The first session with Ogilvie is always long – he finds it important to engage his emotional level. His interest is in gynaecology but he also treats depression and **✉ 55 Oxford W10** **☎ 020 896**

Nick Barton

Barton is chief executive of Clouds House, the country version of the Priory. Clouds's philosophy is based on the 12-step model used by Alcoholics Anonymous; the clinic offers a six-week therapeutic programme.

✉ Clouds House, East Knoyles, Salisbury, Wiltshire
☎ 01747 830733

Robin Hayley

Hayley runs the legendary

Robert Ogilvie

The first session with Ogilvie is always two hours long – he finds it important to engage his clients on an emotional level. His main interest is in obstetrics, gynaecology and fertility, but he also treats depression and insomnia.

✉ 55 Oxford Gardens, W10
☎ 020 8969 5262

✉ Max Kirsten Clinical Hypnosis, 96 Kensington High Street, W8
☎ 020 7917 9878

Dr Massimo Riccio

This psychiatrist will tackle any addiction: sex, gambling, alcohol, drugs. Riccio only sees patients over 18, and does a lot of work with couples whose relationship is blighted by addiction. **✉ The Priory Hospital, Priory Lane, Roehampton, SW15** **☎ 020 8392 4225**

Breast disease

Mr Gabriel Alvarez Parra

The man to make you feel normal again after the trauma of mastectomy. With 30 years' experience behind him, Alvarez Parra specialises in breast reconstruction and is also a sought-after skin-cancer specialist.

✉ 112 Harley Street, W1
☎ 020 7383 7395

Prof Kefah Mokbel

Mokbel's field is breast and endocrine surgery, especially the treatment of breast cancer; he advocates open access to screening for all women from the age of 40. His one-stop service at the Princess Grace is designed to put you at ease.

✉ The Princess Grace Hospital, 42 Nottingham Place, W1
☎ 020 7908 2040

Mrs Dalia Nield

A consultant plastic and reconstructive surgeon, Nield is a specialist in liposculpture and breast reconstruction. Female patients tend to find her more empathetic than some of her male counterparts and praise the extreme care she takes to sculpt the female form. She has 20 years' experience.

✉ 149 Harley Street, W1
☎ 020 7935 4444

**People fly
in from all
over Europe
for his
treatments**

Addict